

# DIPL M

STARTNR.: 643

NAVN: Tor Rønnow

KLUB: Novo Nordisk Løbeklub

TID: 04:37:42    *Min/km: 00:06:35*

PLACERING: 1654

## PLACERING

I ALDERSKLASSE: 326    Mænd 35-39 år

10 KM: 00:53:39    *Min/km: 00:05:22*

20 KM: 01:54:59    *Min/km: 00:05:45*

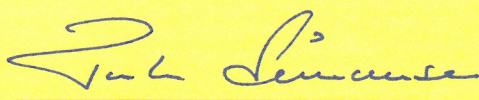
1/2 MARATHON: 02:01:59    *Min/km: 00:05:47*

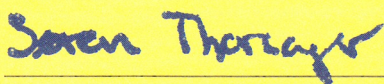
30 KM: 03:05:07    *Min/km: 00:06:10*

40 KM: 04:22:20    *Min/km: 00:06:33*

LØBSLEDER:

RÅDMAND:







 FioniaBank



























