

# SEB TALLINNA MARATON

## TOR RØNNOW

#  
535  
BIB

  
DEN  
COUNTRY

  
CHARLOTTENLUND  
CITY

  
M50  
CAT

42,2 km

**1,372nd place**

04:29:26

Cat - M50 - 86th place

POS	CAT	RESULT	BEHIND	NET TIME	DISTANCE	AVERAGE PACE	AVERAGE SPEED
1372	(86)	04:29:26	02:20:04	04:29:03	42.200 km	06:24 min/km	9.40 km/h

SPLIT	DISTANCE	POS	RESULT	BEHIND	TIME OF DAY	SPLIT TIME	MIN/KM	KM/H
Start		660	00:00:24	00:00:24	09:00:24	00:00:24		
10 km	10.000 km	1241	00:57:24	00:27:10	09:57:24	00:57:01	05:43	10.53
21,1 km	21.100 km	1435	02:08:59	01:04:57	11:08:59	01:11:36	06:27	9.30
30 km	30.000 km	1452	03:10:09	01:39:31	12:10:10	01:01:11	06:53	8.73
40 km	40.000 km	1364	04:12:15	02:10:26	13:12:16	01:02:07	06:13	9.66
42,2 km	42.200 km	1372	04:29:26	02:20:04	13:29:26	00:17:11	07:49	7.69

TALLINN, VABADUSE VÄLJAK - 10. SEP 2017